



HEART Groups Study Guide

MAD, MAD WORLD

Overcoming the Madness

It doesn't matter who you are before you leave this Earth, you will deal with the spirit of depression. Let's face it; we live in a mad, mad world that is full of depression. Webster's dictionary defines depression as: intense feeling of helplessness and hopelessness that leads to sadness. God's Word is full of stories of godly people who also dealt with the spirit of depression. Read *1Kings 19:1-19* After listening to the sermon on Sunday, 9/19th or the webcast, list the four (4) stages of depression.

LOVE

LIVE

SERVE